21 Days of Gratitude Prompts Thankful for: Little hands **Smiles** This moment with Our health because... For my spouse For my child ___ For my child's ability to..... For my spouse's desire to... Today because..... My spouse's help with... What am I taking for granted? Who am I taking for granted? I appreciate _____ for _ I am proud of myself for... I am proud of ____ for... I conquered the fear of I love ____ about my home. My car is awesome because... because it's beautiful. For my child's My favorite memory of