

BACK TO SCHOOL PRAYER FOR YOUR ANXIOUS CHILD

Sweet Jesus, My ___ is starting another school year and you know how this can do a number on his/her heart and mind. You also know my mama heart and how it grieves me to watch ___ filled with anxiety over all that overwhelms his/her mind with concern.

I lift ___ up to you and ask that your Holy Spirit would remind ___ you are with him/her and will never leave. Calm his/her heart.

Also, remind me that you hold all things together even the everyday happenings of my children. {Colossians 1:17}

You know how new situations and people overwhelm ___. Lord, I pray when he/she walks through those school doors that ___ will be filled with a new found confidence remembering he/she has nothing to fear because you are with him/her. May ___ rest in the full confidence that you will give him/her strength and courage in the midst of his/her fears. {Joshua 1:9}

I know recess and lunch time can be filled with anxiety as ___ tries to figure out who to play with, eat with, sit with... Please put the right child in ___ path and surround him/her with a friend who honors you. Just as iron sharpens iron, I pray that you would help ___ build one solid friendship with a student who will help bring out his/her strengths, not focus on the weaknesses.

Give ___ the wisdom and discernment to remember that bad company corrupts good morals. {1 Cor. 15:33}. Help ___ treat others as he/she would like to be treated. Help ___ not compare himself/herself to others but instead be filled with your truth of who he/she is in you. ___ Your word says ___ is wonderfully and uniquely made by You and You declare your workmanship--GOOD. {Psalms 139:14}

As a mom, I want to protect ___ from hurt, fear, pain and sadness but I also know that you use these things to help him/her grow in character. Give me the discernment to know when to get out of the way. Remind me to always point him/her back to you.

I am thankful that Your joy is the source of his/her strength not the circumstances. {Nehemiah 8:10}

I pray ___ would always remember he/she is yours, is seen, loved and known by You! {Isaiah 43:1,4-5} Help ___ see the lies he/she is believing that don't align with your Word.

Help ___ not be anxious but in every situation may ___ come before you with thanksgiving and prayer so your peace will guard ___ thoughts and feelings. {Philippians 4:6-7}

Greater are YOU who is in ___, than he who is in the world. {1John 4:4} The light shines in the darkness, and the darkness has not overcome it. {John 1:5} Praise you!
In your name, amen! ~inspiredbyfamilymag.com