

# Daily To Do

Morning

6:30-9:30

Work

9:30-11:30

Lunch

11:30-12:30

Work

12:30-2:00

After-school

2:00-5:00

Family

5-9:00

Night

9-10:30

TRUTH FOR THE DAY:

THINGS I'M GRATEFUL FOR:

- 1.
- 2.
- 3.

DINNER IDEA:

NOTES & REMINDERS