

## THE FIVE LOVE LANGUAGES OF CHILDREN ASSESSMENT

Look at each set of statements and think which one you would enjoy MORE if your parents did or said the following:

1. You find a note of appreciation from you parents. W  
Come here give me a big hug. P
2. Hey do you want to hangout today? T  
I'll help you do your chores today. S
3. Here's a just-because-gift for you! G  
I feel loved when a person celebrates my birthday with meaningful words. W
4. Would you like for me to rub your back? P  
Do you want me to plan a playdate with your good friend? T
5. I washed the dishes for you so you wouldn't have to think about after school. S  
Here's a just-because-gift for you! G
6. You are awesome! W  
I can see you need a hug today. P
7. Tell me how you want to hangout this morning. T  
I washed the dishes for you so you wouldn't have to think about after school. S
8. You got a box in the mail! G  
You are loved, seen and valued. W
9. Hold my hand. P  
Let's watch your favorite movie together just you and me. T
10. You seem occupied with your game do you want me to bring your snack to you? S  
Let's talk about what you want for your birthday. G
11. I left you a special note in your lunch. W  
Come snuggle with me before we get out of bed. P
12. Let's have family night tonight! T  
I don't have time to make cookies for your class but I'll stay up late to bake something. S
13. You earned a treat for your hard work. G  
You are so smart and beautiful/handsome. W
14. Come sit right next to me when we read this book. P  
Let's work in the garden together. T
15. If I tell you I'm going to do something then I'll do it. S  
Your teacher sent a card full of stickers for you. G
16. You saved the day with your hard work today. I'm so glad you're a part of our family. W  
I'll come home early today so we can build that project together. T
17. Give me a high-five! P  
Yes, I'll help you get your lunch ready. S
18. I'm going to give you some money so you can find some of your favorite treats. G  
You got this! You're strong! W
19. Let's play tag your it! P  
Let's go help the neighbor get her groceries in the car. S
20. Let's watch your favorite show together. T  
I remembered you like vanilla ice cream so I brought some home for you. G

# of W's: \_\_\_\_\_ # of T's: \_\_\_\_\_ # of G's: \_\_\_\_\_ # of S's: \_\_\_\_\_ # of P's: \_\_\_\_\_

What is your child's primary love language? \_\_\_\_\_ Secondary? \_\_\_\_\_

With this assessment we are discovering the primary way our children feel loved though some days we may enjoy another gift over our primary love language. It's important to love our children using all the love languages but let's saturate them with their primary love language.

W is Words of Affirmation.

T is Time aka Quality Time.

G is Gifts.

S is Service.

P is physical touch.

I highly recommend you read the whole book The 5 Love Languages of Children by Gary Chapman & Ross Campbell so you know how to weave all 5 love languages into your family life.

You can find more quizzes at [www.5lovelanguages.com/assessments/love/](http://www.5lovelanguages.com/assessments/love/)