

# Biblical Affirmations

## For Worry

God is faithful.

2 Thess. 3:3

I am a child of God.

2 Corinthians 6:18

God sees me I am not forgotten.

Genesis 16:13

God has not given me a spirit of fear but of power, love and self control.

2 Timothy 1:7

God is with me.

Isaiah 43:2

God is our refuge and strength. He has brought me through this before.

Psalms 46:1

God is for me not against me.

We are more than conquerors through Him who loves us.

Romans 8:31

I can bring my worries to God.

1 Peter 5:7

I can say "no" to worry. My thoughts do not control me.