

Circle of Control

God is in control
over all things..

Sovereign

He is El-Roi.
God who
sees.

He is before all things, and in him all
things hold together. Col. 1:17

Loving & good.

He rules over the
nations. Ps.22:28

Things I am in
control of.

My choices.

My body.

What I say.

What I do.

My self-care.

My
thoughts.

What I look at online.

So do not fear, for I
am with you; do not
be dismayed, for I
am your God. I will
strengthen you and

Things out of
my control

What other people think.

Who I hang
out with.

What
I eat.

Others feelings.

Weather.

My
boundaries

help you; I will
uphold you with my
righteous right
hand. Is. 41:10

Other people say.

Bills.

Past mistakes.

Tragedy.

He is Jehovah-Jireh.
God who provides.

All knowing.

No purpose of yours can
be thwarted. Job42:2

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Remember the outcomes are not ours to control or predict.
Our worry will not solve anything.
Offer tomorrow to the Lord.

We will probably get it wrong tomorrow but
His mercies are new every morning so keep leaning on Him.