

P.R.A.Y. Prompts:

Below you'll find prompts that follow the acronym P.R.A.Y. as a guide to help you learn to pray beyond just asking God for things. Each prompt has more than 1 option simply choose one from each section and pray; then go to the next prompt.

-Dear God,
-Heavenly Father,

Praise-

Tell God how awesome He is.

-I love how you...
-Thank you for...
-You're awesome because...

Repent-

Ask God forgiveness for your sins.

-Forgive me for...
-I'm struggling with... forgive me.
-I confess...

Ask-

Tell him what's on your mind. Pray for yourself, those who are sick or need help.

-Could you help... so that...
-I bring to you... and ask...

Yield-

Trust that God will do what is good. And that He is for not against you.

-God, I know you will do what is best so help me leave these things in your hands.
-Lord, your will be done.

In your name I pray,
Amen!

Journaling Prayer Prompts:

Each prompt is a quick stand-alone prayer to help you if you're journaling or at a loss for words in your prayer life.

Dear God, Today has been...

Dear God, I really need help with...

Dear God, Thank you for...

Dear God, I pray for...

Dear God, I praise you for...

Dear God, Forgive me...