



Delight & Declare His Truth

Praying & Meditating on Scripture

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Focus Verse. Pick out a verse our passage to focus on. Ask the Holy Spirit to open your eyes to see the wonderful things in his Word. (Psalm 119:18)

1. **Delight in His Word.** Read the verse/passage. Read the passage with intention and not rushing as you read the passage and delight in His word.
2. **Declare His Goodness.** Respond. Read the passage again and respond to God. What does it say about God/Jesus/Holy Spirit? Praise Him! Declare God's goodness to Him as it comes to mind. What comforts you and challenges you about God/Jesus/Holy Spirit as you read the passage? Is the passage telling us what He has done? Thank Him!
Talk to God about these things.
3. **Delight in His Truth.** Read the verse again and meditate on it. What is going on in the context of this verse? Is there a phrase or word that stood out to you as you read? Ask God to lead you to a deeper understanding as you pray this verse for yourself or others.
Talk to God about these things.
4. **Declare Your Need.** Pay attention to what the Holy Spirit is highlighting or asking you to surrender. Let the Spirit lead you to confession, not condemnation. It is God who is able to keep you from stumbling and who has presented you clothed in the righteousness of Christ. Cry out to God for help and confession of our sin. Is this passage telling us something God expects from us leading us to cry out for help? Is it telling us something we've failed to do so we can confess our sins? Talk to God about these things.
5. **Delight in His Presence.** Contemplate & Yield. Sit quietly and become aware of God's presence. Just be with your Heavenly Father. We yield to Him as we surrender our own will and declare our trust in His faithfulness.